

GREEN HANDS BURGOS in Ábrego Association

INDIVIDUAL VOLUNTEERING

FROM JULY 2026 FOR 11/12 MONTHS

Burgos, Spain



GENERAL INFORMATION

WHEN

From July 2026 for 11/12 months

WHERE

Burgos, Spain

HOST ORGANISATION

Ábrego Association

WHO

1 volunteer 18-30 years old resident in EU member countries or Ukraine

APPLICATIONS DEADLINE

as soon as possible

THE PROJECT

The main objective of "Green Hands Burgos" is to promote environmental education as well as to encourage rural development, through the activities that will be developed in the different organisations and through the activities focused on sustainable development and environmental protection issues. Furthermore, the project will represent an opportunity for intercultural learning for the volunteers and entities involved, who will participate in the project to promote cooperation and solidarity, responding, as it did in the first edition of the project, to the programmatic strategy of the European Solidarity Corps, designed precisely to promote cohesion, solidarity, democracy and the active participation of young Europeans.

The main mission of the Ábrego Association is to make Burgos citizens aware of the need to get involved in order to generate changes that improve and enrich people's lives. The association's main objective is rural development as a response to the global, and for this reason, it creates courses, spaces and meeting points in the rural world.

ÁBREGO ASSOCIATION

WHO WE ARE



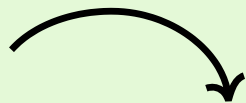
We are a non-profit association based in Burgos, which was created to work for the **repopulation of rural areas** through projects, activities and events, to economically, socially and culturally revitalise the rural environment and its relationship with the urban environment.

We strengthen and promote **connections between rural villages and cities**. We aim to connect projects and organizations, building a stronger network to improve living conditions in rural areas.

We fight for **social justice** and **environmental sustainability**.

We are committed to the creation of networks and horizontal work as tools to promote the repopulation and nurturing of our villages.

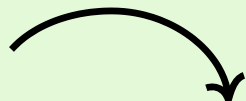
WHAT WE DO



- **Training and development in rural areas:** Training and development in rural areas: Promoting employment, practical knowledge, and the preservation of rural traditions, while supporting new opportunities for young people and local communities.
- **Food sovereignty in the territory:** Supporting local and sustainable food production and consumption, with a focus on agroecology, responsible practices, and community-based food systems.
- **Social inclusion in rural areas:** Ensuring equal opportunities for all in rural communities and encouraging participation, accessibility, and community engagement.
- **Culture in the territory:** Empowering communities through accessible and participatory cultural programmes, including music, theatre, conversations, exhibitions, and other activities that strengthen local identity.



WHAT WE DO



- **Food Forest Project:** Practical development of the Food Forest in Rucandio (Burgos) to create a gathering space for the village and at the same time a learning site.
- **Education and Environmental Action:** Protecting and restoring the territory while fostering respect for nature through environmental education, practical action, and sustainable ways of living.
- **ARTIM Meeting – “Todo lo cría la tierra”:** Organising Ábrego’s rural, educational, cultural, and community-based gathering in Espinosa de los Monteros. ARTIM combines practical training on agroecology, permaculture, bioconstruction, traditional crafts, community management, and ethnobotany with a wide cultural programme, creating a space to celebrate rural knowledge, sustainability, tradition, and community life.



MAIN ACTIVITIES



Volunteers will take part in the organization's activities, explore Ábrego network projects in the province, and receive ongoing support from association members.

The **main activities in which the volunteers will be involved** are the following:

- **Support in the implementation of Ábrego's activities** throughout the year: assisting the team in the preparation, development and evaluation of different activities proposed by the organisation, according to the annual programme and community needs.
- **Design and facilitation of workshops and activities:** creating and leading workshops aligned with the volunteer's interests, skills and learning goals, connected to Ábrego's main themes such as rural development, sustainability, culture, social inclusion, environmental education and community participation. These activities may take place in Ábrego's office, schools, civic centres, villages and other local spaces in the province.
- **Participation in the organisation of ARTIM Meeting – “Todo lo cría la tierra”:** supporting the preparation and implementation of Ábrego's rural, educational, cultural and community-based meeting in Espinosa de los Monteros. Volunteers may help with logistics, communication, activity preparation, welcoming participants, supporting cultural and training activities, and the general coordination before and during the event.
- **Visits and cooperation with projects from the Ábrego network:** discovering local initiatives, associations and projects connected to Ábrego's work, with the possibility to support some of them through specific activities, collaboration or communication tasks.
- **Support in the development of the Food Forest project:** contributing to practical and educational activities related to this environmental project, such as maintenance tasks, preparation of activities, support during workshops and dissemination of the project.
- **Communication and dissemination support:** helping to share the association's activities and projects through the creation of content for social media, the website and other communication channels, including photos, texts, short videos, posts and visual materials.
- **Support in the drafting of the association's annual report:** collecting information, photos and results from the activities carried out during the year, and helping to organise and summarise them in the association's annual memoir/report.

VOLUNTEERS PROFILE

- Available for the whole duration of the project;
- 18-30 years old;
- Resident in EU member countries or Ukraine;
- With at least a basic knowledge of Spanish;
- Motivation to participate in the project and specific activities;
- Interest in the activities planned within the host organization;
- Flexibility, creativity, patience, open-mindedness, team-work;
- Interest and willingness to face the intercultural experience proposed by the project and its challenges;
- Interested in environmental and rural topics;
- A driving license is welcome but not necessary;
- Background knowledge in sociology, natural science, pedagogy is welcome but not necessary;
- Proactive and positive attitude.

ACCOMMODATION AND FINANCIAL SUPPORT

The volunteers will live in a shared flat in Burgos. In the flat will live the volunteers from Ábrego Association and another volunteer from another project always coordinated by Asociación Brújula Intercultural. The flat consists of a kitchen, toilet, living room and 3 bedrooms. Volunteers will have single rooms.

All maintenance costs of the house are covered by Brújula Intercultural (project coordinator). The coordinator will also provide an amount (established from the ESC program) for the maintenance and pocket money (6 euros per day) that will be provided monthly. Travel expenses will be reimbursed on the basis established by the European Commission.

HOW TO APPLY

You need to complete **THIS ONLINE FORM** in English, attaching your CV. Only shortlisted people will be contacted for an online interview.

Infos and questions: sve@asociacionbrujula.es

To know more about Ábrego: www.abrego.info