



ASSOCIAZIONE KORA

INFOPACK

SURVIVE AND
DECIDE

22 JUNE - 2 JULY 2026
PASSIGNANO SUL TRASIMENO, ITALY



Co-funded by
the European Union



MAIN TOPICS

- Survival skills
- Democratic decisions
- Sustainable development
- Interculturality

OBJECTIVES

- Raising awareness about the topic of democracy among young people
- Thinking collectively about different actions and approaches that everyone can take in crisis management
- Encouraging intercultural dialogue
- Empowering young people and encouraging them to take an active role in society
- Developing cooperation and teamwork skills
- Promoting self-awareness and soft-skills learning





THE PROJECT IN A FEW WORDS

Survive and Decide is a youth exchange that invites participants to reflect on what it truly means to make decisions collectively and consciously. Drawing inspiration from survival scenarios, democratic principles, and the urgent challenges facing our societies today, participants are reminded that democracy is not an abstract concept, but a living practice that begins with each individual choice.

The programme emphasizes collective problem-solving, crisis management, and intercultural dialogue, exploring how young people can take an active and meaningful role in shaping the world around them. It also considers how the skills we need to survive (cooperation, critical thinking, adaptability and empathy) are the very same skills a healthy democracy depends on.

Survive and Decide encourages a shift in perspective, away from passivity and disconnection, toward agency, responsibility, and engagement. Participants are invited to question not only the systems around them, but also their own assumptions, values, and capacity to act and to discover that even in uncertainty, deciding together is always possible.





PARTICIPANTS

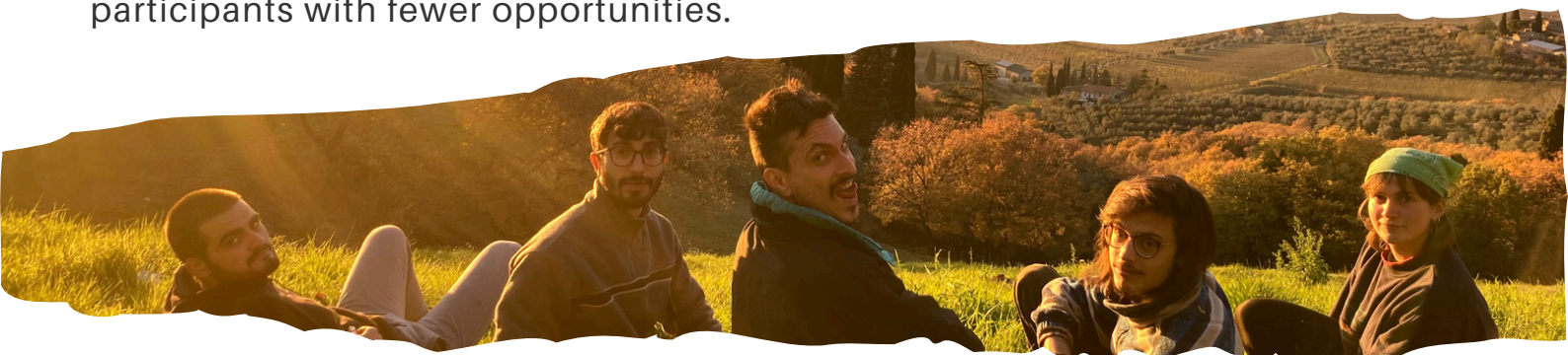
8 participants + 2 leaders per partner | 40 participants in total

We welcome participants with different lifestyles, backgrounds and perspectives,
who are..

- All activities will take place in English, therefore should be **able to communicate in English**
- 13-17 years old, residing in the partner countries
- Willing to **commit to the programme** & truly dive into democratic practices, self-reflection and learning by doing
- Willing to actively share and discuss on the topic
- Motivated to integrate the learnings into their own lifestyles
- Willing to organise a small dissemination event after the youth exchange

The Erasmus+ programme encourages the participation of participants with fewer opportunities. Fewer opportunities are a broad spectrum, so you should read more about it [here](https://erasmus-plus.ec.europa.eu/programme-guide/part-a/priorities-of-the-erasmus-programme) (<https://erasmus-plus.ec.europa.eu/programme-guide/part-a/priorities-of-the-erasmus-programme>) and see if it applies to you.

It is not a mandatory requirements, however partners are encouraged to involve participants with fewer opportunities.



PARTNERS

- Puzzle OptimEast- Romania
- Seiklejate Vennaskond - Estonia
- Edifis - France
- Kora - Italy





LOCATION



The participants will be hosted on the **educational farm La Buona Terra**, where they will stay in a big **common house**.

The rooms will be **shared** and will have **mixed nationalities**. Please keep in mind that the venue is a 30-minute walk from the first shop.

The farm gives great importance to self-responsibility and respect for nature. Some ground rules will be given during the stay, to ensure respect for the inside and outdoor spaces, for the people living in the surroundings, for the animals, for the environmental impact (water, electricity...) and to create a safe and enjoyable environment for the whole duration of the project. Participants will have a shared and organised responsibility in taking care of the common areas.

The farm's address is: Via Campagna 26, 06065 Passignano sul Trasimeno, Italy.





WHAT TO PREPARE

- **Cultural night** : each country will have a dedicated night to present and share they culture(s) with the others. This should be prepared as a national group before the arrival for the project.



WHAT TO BRING

- **Your travel documents and ID**
- **Toiletries** (touthbrush and -paste, shampoo etc.)
- **Sun protecions** : glasses, hat, sunscreen
- **Water bottle**
- **Towels**
- **Swimming suit**
- House shoes for inside
- Enough clothes for the whole duration of the stay (**no washing machine**)
- Comfortable **outdoor clothes and shoes** for every kind of weather (clothes that you don't mind getting dirty or ruined)
- **Medicines**, anything you'll need away from home. Considering that the closest shops are at least 20 minutes far, walking downhill. And to walk back up it's steep!
- Traditional clothes, typical candies/food/ingredients, national/regional flags... anything you might want to use for intercultural nights!
- **Adapter** for Italian plugs



TRAVEL

DATES:

Participants are expected to **arrive to the farm** on the **22nd of June 2026** after 13h00 and depart from the farm on the **2nd of July 2026**, before 13h00. The project activities will start on the 23rd of June **after breakfast** and will end on the 1st of July **before dinner**.

DEPARTURE/ARRIVAL TOWN:

Participants are expected to travel from their home town to Passignano Sul Trasimeno and back. Kora will organise pick-ups and drop-offs from and to the train station of Passignano Sul Trasimeno.

TRAVEL DURATION:

The programme allows max 2 travel days (outbound+inbound) for standard travels and max 4 travel days for green travels (train, bus, carpooling). Kora will reimburse travel costs up to max 1 extra travel day, but do not provide accomodation nor food for the extra travel days.

GREEN TRAVEL:

In alignment with Kora's vision, the European Commission and the Erasmus+ programme encourages participants to prioritise Green Travel over conventional travel and therefore allocate a higher budget for travel which includes means of transport such as bicycle, bus, train, and/or carpooling. You can find more about the travel budget and green travel on the next page of this infopack.

KEEP IN MIND:

- **Confirm travel options with your group leader before booking any tickets!**
- **All exceptions to these rules above must be discussed and approved by Kora before booking the tickets!**

**In case of doubt, contact Kora (Cristiana) before booking tickets
at eplus@associazionekora.it -
we will support you in choosing the best solution!**



TRAVEL REIMBURSEMENT

Keep all your original travel documents: plane, bus and train tickets, invoices, boarding passes, fuel, highway toll, both in digital and paper form (if you have this). **The reimbursement cannot be done without these documents.** You will be reimbursed up until a maximum amount granted by the European Commission (see table below), within the distance calculated by the [Erasmus+ Distance Calculator](#).

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR

Taxis and first-class tickets cannot be reimbursed, unless duly justified by screenshots (there is no other option than first class or flight arrived late and only taxi was an option)

Participants are asked to send all the travel docs within one month after the project's end. All tickets in paper form should be sent in digital form per email (photo) and per post to Kora. Kora will reimburse the costs once all the required docs are made available.

Again, in case of doubt, contact Kora before booking the tickets.

Kora is not responsible for tickets not complying with the rules mentioned above and purchased without prior consultation.



Click here to apply:

<https://form.jotform.com/261252005657351>

WE LOOK FORWARD MEETING YOU!



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eplus@associazionekora.it



+39 349 957 4536 (Joe)



+33 7 82 61 84 94 (Mathilde)



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