

Connecting garden

Call for partners and / or participants



**15d to 23rd of July ,
2026 (travel days
included. Travel days
allowed : 14th-15th and
23rd-24th ONLY!)**

France, Brittany

Lanvallay

Aims

What: Erasmus+ training course (mobility of youth workers)

When: 15th-23rd July 2026 (7 full training days+ 2 days traveling)

Where: France, Bretagne, near Dinan, Lanvallay

Host organization: Lydille Lang – Transculture

Details about the project:

Project Context

The project arises from a shared observation among young people, community development professionals, and partner organizations: a growing need to reconnect with the living world, rebuild social bonds, and collectively reflect on current ecological challenges in the face of the climate emergency.

It addresses two main needs:

- Strengthening the skills of facilitators and community leaders so they can **design and implement educational projects with strong social and ecological impact**.
- Actively engaging young people in meaningful, concrete, and transformative projects.

The project uses **the living garden as an educational, sensory, and cooperative tool, helping to recreate connections between humans and ecosystems. These spaces become platforms for social transformation, civic education, and territorial resilience.**

It is based **on active pedagogy** that promotes autonomy, local engagement, and the transversal skills required for the ecological transition.

Project Objectives

- Improve **environmental knowledge** and awareness (biodiversity loss, climate change, disconnection from the living world).
- Stimulate **civic participation** among young people by involving them in concrete local actions.
- **Reconnect young people with nature** through active, sensory, and reflective learning approaches.
- **Develop ecological leadership** and civic engagement among youth leaders and facilitators.
- Create and disseminate **educational resources and tools** to support ecological education.
- Build a **European network** of youth leaders committed to ecological transition.
- Ensure long-term impact by embedding **skills and ecological projects** within local communities.
- Promote **intercultural understanding through ecology and collaborative** projects.
- Raise **awareness of Erasmus+ opportunities** as a lever for developing new initiatives.

Activities

The training will take place in Lanvallay. Participants will be accommodated in comfortable tents, and three veggie meals and two breaks will be provided, prepared by a dedicated person. There will be a total of 30 people present, from various European and neighboring countries, including two facilitators, one kitchen staff member, and one general logistics staff member who will also be attending the training but who can be assigned to run errands, handle emergencies, etc.

How to reconnect with yourself, others, and the living world through the garden as a social connection tool designed for and by youth workers.

1. Main teaching methods:

Contextualized theoretical input (ecology, permaculture, project management).

Experiential workshops (sensory, physical, artistic, nature walks, land art).

Active methods (collective intelligence, cooperative games, participatory mapping, theater, physical methods).

Emotional regulation practices and rituals (talking circles, meditations, visualizations, opening/closing rituals).

Reflective analysis (individual journaling sessions, writing, group discussions).

Facilitation workshop (group dynamics tools, co-creation, collective decision-making).
Intercultural learning (exchanging practices, highlighting commonalities and differences between countries, highlighting failures and successes in each project).

2. Session objectives and progression:

Day 0 (Welcome & Opening): Create the framework, introduce yourself, establish the operating rules.

Day 1 (Connecting to the place, to yourself, to the group): Cohesion, physical and emotional grounding, sensitive discovery of the garden, setting out your intentions and training plan.

Day 2 (Reading the landscape): Develop technical and living observation (soil, biodiversity, fauna, flora), map, compare perspectives and feelings.

Day 3 (Uses and Needs): Identify human and living needs, introduce regulatory constraints, and introduce sensitive design.

Day 4 (Collective Design): Integrate permaculture and ecological principles, create a group garden plan, develop plant palettes, and consider sustainable maintenance.

Day 5 (Project Implementation and Management): Concrete tools for participatory project management, governance, collective mobilization, work on the facilitator's stance, and create a manifesto.

Day 6 (Transmission & Closure): Individual and collective assessment, anchoring acquired knowledge in the professional or local context, dissemination plan, evaluation, transmission rituals, and celebration of progress made.

3. Cross-curricular objectives:

For facilitators:

Acquisition of teaching, facilitation, and project management tools.

Experimentation with inclusive and participatory methods.

Development of interpersonal skills and civic and civic engagement. (active listening, non-violent communication).

Appeal to diverse intelligences.

Linguistic and computer skills.

Combating climate change.

For young people and their communities:

Reconnecting with nature and the local area.

Developing personal expression and cooperation.

Creating collective dynamics around a shared garden.

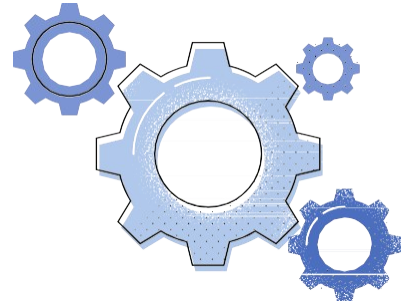
For intergenerational connections:

Considering the needs of different users (children, elderly, residents).

A concrete tool for bringing people together, transmitting knowledge, and sharing experiences.

If you wish to become participant in this project, please contact Lydie GUEGAN (project coordinator) at lydieguegan@yahoo.fr.

Participants Profile



- You are a resident of *Ukraine, Spain, France, Armenia, Georgia, Lithuania, Italy, Romania, Georgia, Turkey or Greece.*
- You are eager to connect with nature and get to learn about permaculture.
- You want to learn how to work with young people and build up a project on developing a garden or a space with young people.
- You want to feel more connected with the nature, the elements.
- You want to improve your skills in how to communicate and deal with a group.
- You are happy to be in nature, and sleep in tents.
- Note that you will have to write an article on social media, and on the website of your NGO.
- Note that you will also have to write down how you will plan to reuse this learning going back home, on your own NGO.



What to bring

- Passport
- Health insurance
- Your own towel
- Your own medicines and hygiene products
- Swimsuit
- **Warm** waterproof clothes & shoes. (It can be cold and humid in the evening and in the night) Special shoes for dance activities or/and warm cozy socks. Weather can be cold or warm, but wet, so you feel humidity.
- Comfortable clothes for being outside and maybe dirty activities
- Plug adapter for France
- Get registered here :
https://docs.google.com/forms/d/e/1FAIpQLSfLyM6w2suOlkJi4L3VPXyUQq6kn_M9mCkkvLmV8DPHeJsipw/viewform?usp=publish-editor
- Upload all your tickets and boarding passes on
<https://drive.google.com/drive/folders/1IIMPfjDDLxukAYNQ78wFx9wuRfAcht41?usp=sharing>
- Participation fee of 150 euro in cash
- Good mood and good will: be sure you are really decided and motivated by this training, if you have a concrete idea to developp this is even more welcome.

Venue & Travel Info

- Training Course will take place in the city of Lanvallay, **Brittany region, France**.
- This is near Mont Saint Michel, Saint Malo, Dinan.
- You will be accommodated in big tents in a private place.
- Green travel is encouraged : meaning, you can have extra money to cover your transport if you can use “green travel”, as bus, train or car, or carpooling. Let us know as soon as possible.
- Arrival day is 15th of July. You should arrive to Lanvallay by bus (Please not Dinan). We would pick you from there. No other places!
- The train (TGV) can be taken from Paris airport or from the main station Montparnasse. The station Montparnasse is 1 hour from the airport. To Rennes railway station and a bus just outside the railway station to Lanvallay (go out of the railway station, on the right) Bus Line 7 direction Dinard, stop in Lanvallay, place de la Samsonnais).
- Trains are very expensive in France so book your train ticket as soon as you can after confirmation of your sending organization. And allow 3 hours minimum between your plane arrival and train departure.
- You can also catch the bus from Paris which is much cheaper but timetable is not always convenient.
- If you are landing by plane in Rennes: just take a bus at the outside of the airport and then travel up to the train and bus station in Rennes. (There is a change of bus in «Republique»). Take the train there up to Lanvallay (this is not the terminus, 1 hour travel).
- Departure day is 23rd of July. We will drop you to the bus station. So please, try to make sure to be able to have time to take a train in the morning and catch your flight the same day. (Departure flight from Paris not earlier than 15:00).
- It is allowed to travel 14th or 15th and leave on 23 or 24th and still be eligible for travel refund. Please note that during that time you need to cover your accommodation by your own. Nobody can arrive on the center before.
- Training will take place in a rural location there are no shops, amenities within walking distance of venue. (40 min walk)
- There is Wi-Fi connection near the house, but not very powerful.
- We will have 3 vegetarian meals per day as well as 2 coffee breaks. Use of alcohol is not allowed during the project.
- The place is an ecological place: only ecological products are allowed as eco shampoo and soaps, protection of nature. This is a permacultural center, so please, be kind to the nature.
- WC are dry WC (meaning, we go into a toilet and do our story in a bucket, put dust of wood and then empty the bucket in certain place).
- You will be active in the daily tasks as washing your dishes, cleaning toilets and shower after your own use.

Financial Conditions

- Board and lodging is fully covered by the project.
- There is a participation fee – 150 euro. You will pay it upon arrival in cash. If any problem get in touch with us.

Country	Forfait reimbursment
Armenia 3 personnes	580 euros
Turkia 2 personnes	395 euros
Romania 2 personnes	395 euros
Greece 2 personnes	395 euros
Lituania 2 personnes	309 euros
Spain 3 personnes	309 euros
Georgia 2 personnes	580 euros
Italia 2 personnes	309 euros
Ukraine 2 personnes	395 euros

Please keep all your tickets, receipts and boarding passes for refund!!!!

Vanessa Lucas



Vanessa Lucas is an artist and a nature lover. She holds a BTSA in Landscape Design (Ecolabel) and supports individuals, local authorities, associations, and companies in the development of their outdoor living spaces. From simple advice to full space design, she combines technical expertise with an artistic and sensitive approach, which is reflected in her drawings and watercolors.

"In my view, a garden is above all a limited natural space that welcomes users. A successful design is one that harmonizes the environment, uses, and circulation. Each space therefore has its own uniqueness, which I enjoy highlighting in every project I support."

Vanessa Lucas will lead the educational component related to professional landscape design skills.

Lydie Guégan



is university qualified (PHD) in teachers training, programme conceptualising, teaching evaluation since 2003.

Experience in the field of teaching and training as well as organizing and finance administrating with the French ministry of foreign affairs, experience in teaching in the field of personal development since 2009, trained and trainer in MBSR from Jon Kabbat Zin, benevolent education from Isabelle Filiozat, intelligences of Howard Gardner, mindfulness from Tich Nhat Hanh. Long term experience since 1998 in the field of youth worker as she worked 10 years in this field too. Working in the field of European projects through youth exchanges, training, Grundvig, research programmes since 2009. She is specialised as a therapist in the field of acupuncture, and work for women. She is also trained in permaculture and developp a permacultural training center.

If any question, please feel free to contact Lydie Guégan 0033615910183. or lydieguegan@yahoo.fr

**The project is funded by the Erasmus+ program
of the European Union**



Erasmus+